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"Biology says the brain has billions of neurons. When you have a positive thought, it produces serotonin, a chemical that creates feelings of happiness. When you have a negative thought, it produces cortisol, a chemical that creates feelings of stress...."

Happy Brain,

Happy Life.

Kaarshe

THE GROWING YEARS

Riverside County's Child Health and Disability Prevention Program

It's a brave new world and we are all trying to adapt in these new circumstances brought on by COVID. Without a doubt, 2020 has been one of the most challenging years and as a society we are doing our best to move forward with "business as usual." In Riverside County, CHDP has also had to adjust in how to serve the needs of our providers. One of those challenges was tackling facility and medical record audits. Before COVID, in-person audits we performed on a regular basis by the CHDP public health nurses about 3-4 times a month. However, for public health safety, stay-at-home-orders and teleworking became the new normal.

These unique conditions invited an opportunity to change the framework on "how things have always been done" and to try something new. Virtual platforms such as Zoom have become a popular alternative to in-person socializing. Everything from conducting business to conversing with a loved one, communicating virtually is now an essential tool to stay connected with others during a pandemic.

For CHDP and our clinics, this was our first attempt at a Zoom virtual audit. So far, the virtual audits have been a success and all the clinics were well equipped with a device that had both a camera and microphone. A designated staff member was able to look around the clinic and show us all the elements we needed to see for our facility site review. Zoom also gave us the capability to view the clinic's electronic medical record for each CHDP patient.

The following virtual audits were conducted, and each clinic passed with flying colors!

CONGRATULATIONS!!!

- * **Kid's Health First Pediatrics, Inc.**
- * **Mission Trail Clinica Medica Familiar- Lake Elsinore**
- * **Borrego Health- Centro Medico Coachella**
- * **Clinicas de Salud del Pueblo- Blythe Family Health Clinic**
- * **Borrego Health- Centro Medico Cathedral City**

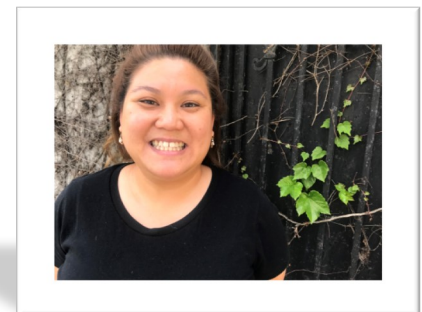
All the clinics and staff members did a wonderful job. Thank you again for your participation and serving the kids in Riverside County!

Welcome New 2020 CHDP Clinics!!!

Kid's Health First Pediatrics, Inc.
 79440 Corporate Center Dr., Suite 108
 La Quinta, CA 92253
 P: (760) 564-0902

Perris Valley Community Health Center
 450 E. San Jacinto Ave.
 Perris, CA 92571
 P: (951) 210-1488

**Centro Medico Coachella Mobile Unit
 Borrego Community Health Foundation**
 55497 Van Buren St.
 Thermal, CA 92274
 P: (760) 399-4526



Emily Hafrien, PHN

RESOURCES FOR PROVIDERS

CHDP Provider Website (State) https://files.medi-cal.ca.gov/pubsdoco/chdp_manual.aspx

- ◆ Contains CHDP program policy, billing, reference and user guide content. The CHDP provider manual is now incorporated into the Medi-Cal Provider Manual.

CHDP Provider Website (Riverside County): <https://www.rivcochdp.org/Services/Resources-for-Providers>

- ◆ Application checklists and supplemental documents are now available on our Riverside County CHDP website.
- ◆ Please submit the checklist along with all other requested documentation. For documents that require a blue signature, please scan in color or mail in the application.

- ◆ Please send applications to:

*E-mail: CHDPRiverside@ruhealth.org OR

*Mailing: County of Riverside Department of Public Health CHDP
P.O. Box 7600, Riverside, CA 92513-7600

Medi-Cal

- ◆ Provider Relations Phone Support 1-800-541-5555
- ◆ Automated Phone Center [1-800-786-4346](tel:1-800-786-4346)
- ◆ Correspondence Specialist Unit (CSU) to resolves complex billing issues

<https://files.medi-cal.ca.gov/pubsdoco/contact/services.aspx#csu>

California MMIS Fiscal Intermediary
Attn: CSU
P.O. Box 13029
Sacramento, CA 95813-4029

- ◆ Checklist of critical areas and related services available to Medi-Cal providers

<https://files.medi-cal.ca.gov/pubsdoco/NewProvider.aspx>

Vaccines For Children (VFC) Program

- ◆ New audits are currently on hold but can be evaluated case by case, for updated information please visit:

<https://eziz.org/vfc/enrollment/>

- ◆ Field Representative - Southern California Region

Mary Rebbert, MPH, CHES

(619) 838-6360 - Temporary Phone - please leave VM

(916) 636-6741 – Fax – please write your name and pin number

Mary.Rebbert@cdph.ca.gov



Patty Palomino RN, BSN, PHN

COVID-19 INFORMATION

For the latest Coronavirus public health information, including resources for health providers, please visit the RUHS Public Health Coronavirus website at <https://www.ruhealth.org/covid-19-vaccine>

Current information includes:

[*COVID-19 Vaccine Information](#)

[*Memo on medical exemptions for use of facial coverings including who is allowed to sign a medical exemption](#)

[*Protocol for health care workers in outpatient settings](#)

There are many testing locations throughout Riverside County including locations that are now offering less invasive contactless oral-fluid swab tests.

Click on a link below for more information.

[RUHS testing locations](#)

[Curative \(oral-fluid swab\) testing locations](#)

[State testing sites](#)

The American Academy of Pediatrics has also put together a site providing [COVID-19 clinical interim guidance including guidance on providing pediatric well-care, guidance for providing care to foster youth, newborn screening, supporting the emotional and behavioral health needs of your patients, and guidance on caring for children with special health care needs.](#)

Guidance for immunizing patients during COVID-19 <https://www.cdc.gov/vaccines/pandemic-guidance/index.html>

SUBMIT 2021 VFC RECERTIFICATION BY FEBRUARY 1, 2021

The 2021 VFC Recertification form is now available on your MyVFCVaccines page on EZIZ.org. Complete and submit Recertification by **Monday, February 1, 2021**. This will give providers more than 45 days to complete the Recertification process. Not completing Recertification will lead to a lapse in participation in the VFC Program and delays in vaccine order processing. Once submitted, Recertification will be valid through 2021.

[2021 VFC Recertification Letter](#)

[Reminders for ACEs and Childhood Developmental Screening Billing](#)

Effective retroactively for dates of service on or after January 1, 2020, screening for Adverse Childhood Experiences (ACEs) is a Medi-Cal covered benefit. Medi-Cal shall reimburse for ACEs screenings for both children, up to 18 years of age, and adults, up to 65 years of age. Federally Qualified Health Centers (FQHCs) are eligible to receive these payments, in addition to their Prospective Payment System (PPS) or all-inclusive rate (AIR) per-visit reimbursement.

- Providers must first complete the Department of Health Care Services (DHCS) training for ACEs and trauma-informed care prior to conducting a screening.
- ACEs screenings, rendered to Medi-Cal fee-for-service (FFS) beneficiaries performed by FQHCs, RHCs and IHS-MOA Clinics, will be paid up to the FFS reimbursement rate of \$29.00.

THE LEAD PROGRAM

Childhood Lead Poisoning Prevention Program (CLPPP) is here to help our practitioners in Riverside county. Riverside County CLPPP would like to thank all medical providers in our county who continue to assess and screen children in Riverside county for lead poisoning. Due to the COVID-19 pandemic restrictions, there has been a decrease in the number of providers testing children who are eligible for blood lead testing. Additionally, parents are delaying taking their children to get blood lead tested due to the fear of contracting COVID-19.

Our program is here to help. Riverside CLPPP PHN'S will assist healthcare providers to reinforce communication with parents on the importance of timely blood lead testing. Our program would like to remind and encourage all healthcare practitioners in Riverside county to continue with assessing and screening children at each recommended age during office visits.

Healthcare providers should perform anticipatory guidance for all children at each assessment from 6 months to 6 years. California healthcare providers are required to screen (blood lead test) children in publicly funded programs for low-income children such as Medi-Cal, CHDP, WIC, Head-Start, Cal-Fresh and others at both 12 and 24 months of age. Providers are also required to test children ages 6 years or below who are in publicly funded programs and have not yet been tested at 12 and 24 months of age.

For children who are not in a publicly funded program for low-income children, healthcare providers are required to assess these children for the risk of lead poisoning by asking the following question: "Does your child live in, or spend a lot of time in a place built before 1978 that has peeling or chipped paint or that has been recently remodeled?" Blood lead test if the answer to the question is "yes" or "don't know." If there is any other indications that a child might be exposed to lead, please order a blood lead test for the child.

Once testing is completed, providers can refer to the California Management Guidelines for follow-up activities for each elevated blood lead level. Riverside Lead Poisoning Prevention Program Staff (PHNs) are here to help you in case any questions arises. Our program contact information is as follow:

Phone 951-358-5481, fax 951-358-5002, website www.rivcoclpp.org.

Below are links to educational materials and resources provided by The California Lead Poisoning Prevention Branch:

California Management Guidelines on Childhood Lead Poisoning for Healthcare Providers:

https://www.cdph.ca.gov/Programs/CCDPHP/DEODC/CLPPB/CDPH%20Document%20Library/Lead_HAGs_Table.pdf

Standard of Care and Potential Sources of Lead: https://www.cdph.ca.gov/Programs/CCDPHP/DEODC/CLPPB/CDPH%20Document%20Library/CLPPB-care%20guideline_sources%20of%20lead.pdf

Blood Lead Testing:

https://www.cdph.ca.gov/Programs/CCDPHP/DEODC/CLPPB/CDPH%20Document%20Library/BLT_20160426.pdf

Letter template for healthcare providers to send to patients:

<https://www.cdph.ca.gov/Programs/CCDPHP/DEODC/CLPPB/CDPH%20Document%20Library/HCP-PatientLtr-COVID.pdf>



Noella Tataw, RN, MSN, PHN

Porter World Trade Recalls Ron Jon Surf Shop Sippy Cup Due to Violations of Federal Lead Content and Phthalates Bans



Recall Summary

Name of product: Ron Jon Surf Shop Sippy Cup

Hazard: The plastic characters on the recalled Sippy Cup contain levels of lead that exceed the federal lead content ban and contain levels of a regulated phthalate that exceed the prohibition of specific phthalates. Lead and banned phthalates are toxic if ingested by young children and can cause adverse health issues.

Remedy: Refund

Recall date: October 28, 2020

Units: About 9,700

Sold At: Ron Jon Surf Shops in Miami, Sunrise, Medley, Cocoa Beach, Orlando, Tampa and Panama City, Fla. Myrtle Beach, S.C.; Ship Bottom, N.J.; and Stellarbay store in the Tampa, Fla. International Airport, from May 2014 through March 2020 for about \$7

Consumer Contact:

Porter World Trade at 800-282-2777

from 9 a.m. to 1 p.m. ET Monday

through Friday, email at

recall@porterworldtrade.com, or online
www.porterworldtrade.com and

click on "Product Recall" at the

bottom of the page for more

information.

United States CONSUMER PRODUCT SAFETY COMMISSION

<https://www.cpsc.gov/>

WHAT'S NEW IN CHDP?

A BITTERSWEET ANNOUNCEMENT:

It is with mixed emotions that we will be saying so long to Linda Overton. After nearly 16 years with CMS, Linda has decided to hang up her stethoscope, pack up the travel trailer and Yoga-On! It is bittersweet indeed. When asked, "Why leave now?" Linda replied, "John is 73 and he drives the travel trailer!"

A BIT ABOUT THE FAMILY LIFE:

John and Linda have been married for 15 blessed years. Linda is Mom to two beautiful daughters and Nanna to 5 grandchildren. They are "The love of my life!", says Linda. John and Linda share a beautiful home with their 4-legged Chorkie (Chihuahua and Yorkie mix) named Milo.

HOW ALL THIS STARTED:

WOW! 42 years of nursing! Linda wanted to be a nurse for as long as she can remember. She graduated from Cerritos College in 1978 then went on to pursue her bachelor's degree in Public Health Nursing with the University of Phoenix. Linda spent some time doing discharge planning and managing a medical clinic before finding the best department at the County of Riverside, CMS!

Linda began with the County of Riverside in 2005 as a Case Management PHNIII for CCS. Linda thrived in her new position! Passionate for the children, she dug in and learned everything she could do to help these medically fragile kiddos. Linda went on to be Charge PHN then Acting Assistant Nurse Manager. Linda was often changing positions. She still laughs about "Always being on probation". The best part for Linda was the interaction she would have with the clients and their families. She often speaks about one of the clients that she had on her caseload, Kevin. She spoke to Kevin's mom frequently. The mom had a rough time trying to manage everything that comes along with having a medically fragile child. Sometimes the parents of medically fragile children just need someone to listen. Linda was that person for this mom. But Linda has always been that person for many of us too.

After some budget cuts and various department changes, Linda went on to be Charge Nurse for CHP and eventually promoted to Assistant Nurse Manager and ultimately Nurse Manager. This turned out to be the perfect fit for Linda. She could be the great leader she was destined to be. Linda recalled how challenging it was at first. Not knowing anyone but she quickly made lifelong friends. She laughs when she speaks about learning DME at CCS. "What did I get myself into? !" She thought to herself. She remembers volunteering for Adopt a Family when working for CCS. That is when she first met Robert as Santa. She told him the other day she never had a male boss, but he turned out to be amazing.

Linda had so many great stories, but I remember asking about her favorite case with the Lead Team. One of their kiddos had such a high lead level in their system that they had to be hospitalized during Christmas time. That meant that the child could not go back to the house until the lead had been removed. The Lead Team rallied together and performed an amazing amount of work in a very short period. DPSS Vouchers for two weeks hotel stay, food, Christmas presents and a Christmas tree to boot. Even Des went to the family home every day to feed their dog while they were away. Linda always says, "It is my team that makes it!" And indeed, they did!

In between all the positions, Linda somehow found time to head the Employee Engagement Committee for two years and served outside of the leadership role for another year. When asked why she kept signing up she would laugh and say, "I couldn't say no to Sue!" Honestly though, she dearly loved watching staff having such a good time. It was always very important to Linda that all our hard-working staff knew how much they are appreciated for everything they do each day for our clients, their families and each other.

We thank you Linda for everything! No matter what role you played or what program you were in, you have done so much for our CMS clients, their families, our CMS Department, and so many of us individually. There truly are no words for how much you will be missed! God's blessing on your new journey and we hope to see you soon!

Cathleen Rentze



What You Should Know About Returning to the Dentist During COVID-19



Keeping up with your oral health care is important! As dental offices reopen, you should know your dental visit will look a little different.

To keep us all safe, your dentist's office may:



offer to schedule a video appointment if your dentist provides teledentistry services



ask you to sanitize your hands



offer fewer appointment options



ask you to wait outside of the dental office



ask you to wear a face mask while in the office



ask you to practice physical distancing in the waiting room



take your temperature and ask you pre-screening questions



tell you of other rules you have to follow when you call to schedule your appointment



6 FT



Visit [SmileCalifornia.org](https://www.smilecalifornia.org) to find a Medi-Cal dentist near you, or call the Medi-Cal Dental Telephone Service Center at **1-800-322-6384**.



Text **SMILECA** to **31996** to receive healthy dental tips from *Smile, California!*

Lo que debe saber acerca de su regreso al dentista durante COVID-19

¡Mantenerse al día con el cuidado de su salud bucal es importante! A medida que se vuelven a abrir las oficinas dentales, usted debe saber que su visita al dentista será un poco diferente.

Para mantener la seguridad de todos, es posible que la oficina de su dentista le:



ofrezca hacerle una cita por video si su dentista brinda servicios de teleodontología



ofrezca menos opciones para citas



pida que use un cubrebocas mientras esté en el consultorio



tome la temperatura y le haga preguntas de evaluación sobre su salud general



pida que se desinfecte sus manos



pida que espere afuera del consultorio dental



pida que practique el distanciamiento físico en la sala de espera



informe sobre otras reglas que usted tiene que seguir cuando llame para hacer su cita



6 PIES



Visite [SonrieCalifornia.org](https://www.SonrieCalifornia.org) para encontrar un dentista de Medi-Cal cerca de usted, o llame al Centro de Servicio Telefónico de Medi-Cal Dental al **1-800-322-6384**.


sonríe,
CALIFORNIA™
MEDICAL TIENE COBERTURA DENTAL

 | **Medi-Cal Dental**



¡Envíe un texto con **SONRIECA** al **31996** para recibir consejos sobre la salud dental de *Sonríe, California!*

Updates from Riverside WIC

Updates from Riverside WIC

As with many organizations, Riverside WIC has gone virtual with our services-- but we are open! We are currently providing all services over the phone, by mail, and by email. We even have contact-free drop off and pick-up for those families that need access to breast pumps. Clients can participate in WIC fully from the comfort of their own homes!

Social Media

RivHero WIC is happy to announce our new YouTube channel! You can find us by searching YouTube for "RivHero WIC" as well as connecting with us on Facebook and Instagram. We provide a variety of content on these platforms including fun, educational content, healthy recipes, state mandated materials, and local announcements. Come check us out!

Expanded Food Options

Due to concerns over WIC families having access to the foods they need during these difficult times, WIC participants are now able to purchase foods from an expanded list. If their original WIC foods are not in stock at that particular store, families can purchase similar foods including newly products, brands, and sizes.

Current Nutrition Topics

This winter, Riverside WIC is shining a spotlight on the issue of picky eating in children under the age of 5. We walk caregivers through the process of encouraging proper nutrition even in the case of picky eaters in order to ensure children get the proper nutrients they need to grow happy and healthy! Our next nutrition spotlight is going to be all about a hot topic: protein! How much do we need and from what sources?

We can help!

Make Your Child a
SUPERHERO!

CHDP 2021 SCHEDULE OF EVENTS

All workshops and trainings will be conducted virtually via Zoom

RSVP link will be sent three weeks prior to event

January		
1/6/2021 (Wed)	Overview Workshop	8:30 am - 2:30 pm
February		
March		
3/10/2021 (Wed)	Overview Workshop	8:30 am - 2:30 pm
April		
4/22/2021 (Thur)	Fluoride Varnish	1:00 pm - 4:00 pm
May		
5/05/2021 (Wed)	Overview Workshop	8:30 am - 2:30 pm

REGISTRATION IS REQUIRED

Registration information will be sent via email 2 - 3 weeks prior to the class. For special accommodations or more information call the CHDP office at (951)358-5481 or email CHDPRiverside@ruhealth.org

CHILD HEALTH PROGRAMS STAFF

Child Health & Disability Prevention Program

Patty Palomino, PHN - CHDP Charge Nurse
Emily Hafrian, PHN
Laura Calderon - Health Services Assistant

Child Health Programs

Desiree Contreras, HEA II - Lead and CHDP programs
Jose Izquierdo, Health Service Assistant - Lead Program

Childhood Lead Poisoning Prevention Program

Noella Tataw, PHN - Charge Nurse
Stephanie Nerida, PHN
Crystal Meals - Health Services Assistant

Office Support

Lilia Landazuri - Office Assistant II
Diane Montanez - Office Assistant II

Set-4-School

Lynne Craig - Program Coordinator II

Editors: Linda Overton, PHN, Nurse Manager, Child Health Programs; Desiree Contreras, HEA II, Child Health Programs; Patty palomino, CHDP Charge nurse; Noella Tataw, CLPPP Charge Nurse

Contributors: Robert Ibrahim, MPH, MOTR/L, Program Chief, CMS, Christopher Dale, MD, CCS; Linda Overton, PHN, NM; Patty Palomino, PHN, CHDP; Emily Hafrian, PHN, CHDP; Noella Tataw, PHN, CLPPP; Stephanie Nerida, PHN; Desiree Contreras, HEA II, CHP; Cynthia Pledger, Coordinator, LOHP; Mary Brothers, HEA II, Nutrition and Health Promotion Branch WIC.

All CHDP programs can be reached by calling 1-800-346-6520